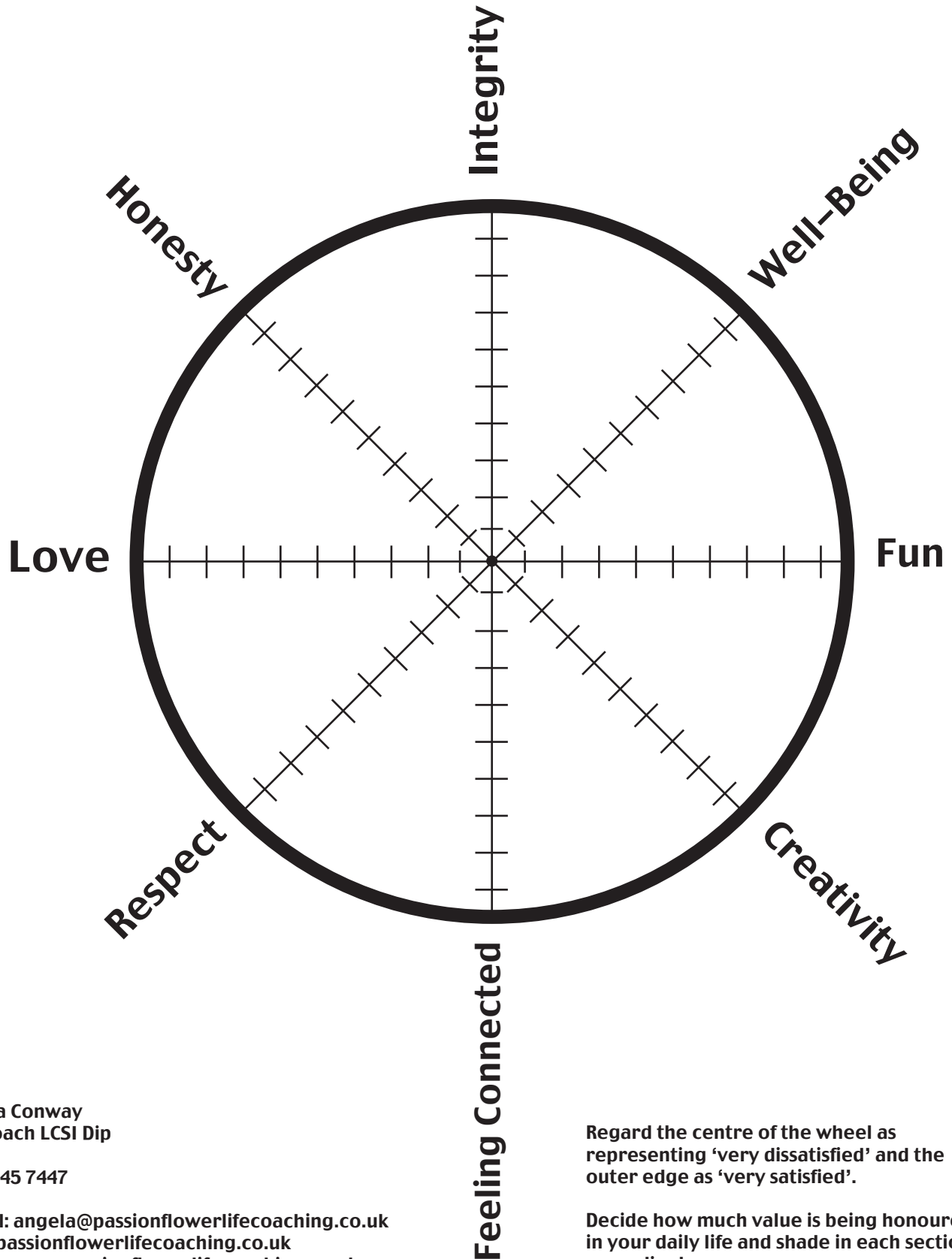




Passion Flower Life Coaching.

Value Cycle



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Regard the centre of the wheel as representing 'very dissatisfied' and the outer edge as 'very satisfied'.

Decide how much value is being honoured in your daily life and shade in each section accordingly.